

一、選擇題(20 題，每題 2.5 分，共五十分)：

請仔細閱讀每個題目，並選出一個正確的答案。

1	From the perspective of the history of scientific psychology, we can say that: 1) psychoanalysis is considered outdated and has not left any legacy. 2) cognitive psychology has lost its appeal at the present time. 3) behaviorism is one of the most popular psychological theories. 4) the development of computers barely made any contributions to psychology.
2	Which of the following descriptions about the effects of heredity and environment to human development is not accurate? 1) Heredity and environment are considered equally important according to John Watson and B.F. Skinner. 2) Those who believe that the mind of newborn infants are a tabula rasa treat environment as more influential. 3) Charles Darwin's theory of evolution led many psychological theorists to emphasize heredity. 4) Most psychologists today agree both nature and nurture play important roles in human development.
3	Which of the following capabilities cannot be found in newborn infants? 1) a preference of a normal face over a scrambled face 2) a preference of the mother's voice over other female voices 3) a preference of salty taste over sweet taste 4) the capacity of learning and showing good memories by 3 months old
4	According to Piaget, most 3 rd graders are likely at which developmental stage? 1) sensorimotor stage 2) preoperational stage 3) concrete operational stage 4) formal operational stage
5	Which of the following selections is not a symptom of drug dependence? 1) tolerance 2) withdrawal 3) compulsive use 4) drug misuse
6	Select the correct statement concerning early personality and social development. 1) Early research found that infants develop attachment to their mothers mainly because mothers provide food to satisfy their most fundamental needs. 2) Separation anxiety occurs around the same time across cultures after infants have a sufficient growth of memory capacity. 3) Most infants have a difficult temperament: they are irritable and have irregular sleeping and eating patterns. 4) The "strange situation" has been used to determine young children's temperament style.

7	<p>When John first attends college, he tries to act like other students so that he will be accepted and liked. John's behavior can be explained by _____.</p> <ol style="list-style-type: none">1) normative social influence2) informational social influence3) social facilitation4) social inhibition
8	<p>There are various types of effective psychotherapy. When a therapist and a patient discuss troubling events in sessions, these events gradually lose the threatening quality. This type of therapy works because of what factor?</p> <ol style="list-style-type: none">1) desensitization2) reinforcement of adaptive responses3) insight4) an interpersonal relationship of warmth
9	<p>Which of the following descriptions about the relationships between attitudes and behavior is not correct?</p> <ol style="list-style-type: none">1) Stronger attitudes predict behavior better than weak or ambivalent attitudes.2) People who are less aware of their attitudes are more likely to behave in ways that are consistent with those attitudes.3) Attitudes based on direct experience predict behavior better than attitudes formed from reading or hearing.4) Attitudes that are specifically related to the behavior being assessed predict the behavior better than general attitudes toward the behavior.
10	<p>Which perspective looks at mental health problems by emphasizing unconscious conflicts, and usually originating in early childhood?</p> <ol style="list-style-type: none">1) Biological perspective2) Psychoanalytic perspective3) Behavioral perspective4) Cognitive perspective
11	<p>Jenny sometimes cuts her wrist due to her unstable mood. She's more likely to have which disorder?</p> <ol style="list-style-type: none">1) Asperger's syndrome2) Antisocial personality disorder3) Borderline personality disorder4) Obsessive-compulsive disorder
12	<p>Which of the following descriptions about language development is correct?</p> <ol style="list-style-type: none">1) There are no critical periods in language development.2) The idea that children have innate knowledge in language is a myth.3) In order to acquire a second language, individuals need to start learning in early childhood.4) Imitation and conditioning play important roles in early language learning.

13	<p>Which of the following descriptions about improving memory is not correct?</p> <ol style="list-style-type: none">1) Increasing the size of a memory chunk increases one's memory span beyond 7+/-2 chunks.2) A very effective way to memorize a list of unrelated items is using visual image to put these items together.3) Elaboration can help one's memory because it increases the connections about the item to be memorized.4) Restoring the context in which the learning took place improves one's memory.
14	<p>Attribution is an important topic in social psychology. Which of the following statements about it is not accurate?</p> <ol style="list-style-type: none">1) It refers to our intuitive attempts to infer the causes of behavior.2) If we infer that something about the person is primarily responsible for the behavior, it is so-called dispositional attribution.3) When we underestimate the situational influences on behavior and assume that some personal characteristic of the individual is responsible, it is so called fundamental attribution error.4) Causal attributions are found to be governed primarily by automatic and unintentional thinking.
15	<p>According to Freud, impulses or memories that are too frightening or painful are excluded from conscious awareness. This defense mechanism is so-called _____.</p> <ol style="list-style-type: none">1) repression2) projection3) displacement4) rationalization
16	<p>Which of the following statements is not accurate?</p> <ol style="list-style-type: none">1) Stereotypes can help people make inferences.2) Stereotype threat refers to the phenomenon of how the mere threat of being identified with a stereotype can raise an individual's anxiety level and affect the performance.3) Self-fulfilling prophecy occurs when an individual's stereotype is activated and he/she acts accordingly to confirm the stereotype.4) To study the automaticity of stereotypes, researchers rely on the stroop techniques.
17	<p>The humanistic movement occurred to provide an alternative psychological principle in the 1960s. Who is considered to be at the center of this movement?</p> <ol style="list-style-type: none">1) Carl Jung2) Alfred Adler3) Erick Erikson4) Carl Rogers
18	<p>Which of the following description about emotional factors in "forgetting" is not _____</p>

	<p>accurate?</p> <ol style="list-style-type: none">1) Emotional events are less likely to be remembered than neutral events.2) Anxiety can interfere with retrieval of information due to unrelated thoughts it causes.3) When the emotional contexts at the time of retrieval match that at the time of encoding, it is easier to retrieve the information.4) Suppression of memory occurs when the experiences were too traumatic.
19	<p>Which of the following statements is not true regarding adolescence?</p> <ol style="list-style-type: none">1) Generally speaking, girls reach puberty earlier than boys.2) Compared to children, adolescents have more conflicts with parents.3) Puberty causes physiological changes but not psychologically.4) Adolescence is not considered to be full of "storm & turmoil" anymore by modern developmental psychologists.
20	<p>Moral development is an important area for human beings. The distinguished psychologist who extends the moral developmental research to adulthood is _____.</p> <ol style="list-style-type: none">1) Jean Piaget2) Lawrence Kohlberg3) Albert Bandura4) G. Stanley Hull

二、問答題(六題，共五十分)：

1. 請說明系統減敏感法的治療步驟。(8分)
2. 人體有哪些感官？(4分)這些感覺訊號是如何從內、外環境刺激傳達到大腦？(4分)
3. 請區別外顯記憶與內隱記憶。(8分)
4. 左右腦半球，在解剖與功能上有不對稱性的現象。請問這樣的功能差異，是如何透過研究設計得知？(8分)
5. 塑造(Shaping)可以改變行為？請舉一例說明其原理。(8分)
6. 正向情緒跟負向情緒的生理機制是甚麼？(5分)為何正向情緒跟壽命有關？(5分)